Press release

More than 90 percent of people living with HIV in the country have suppressed viral load

On March 1, the day of "Zero Discrimination" is celebrated on the initiative of UNAIDS. This year's motto is "We are united."

The guarantees of the State on the protection of rights, the prevention of any form of discrimination related to HIV are enshrined at the legislative level in the Constitution and the Code on the Health of the People and the Healthcare System of the Republic of Kazakhstan.

The "N=N" principle applies in Kazakhstan: "Undetectable is equally non-transmissible." According to this principle, a person living with HIV who is taking antiretroviral therapy cannot transmit the virus to their sexual partner. The concept is fully confirmed by world scientific research.

The country is implementing the UNAIDS 95-95-95 strategy, which aims to provide HIV prevention, testing, treatment and care. Today, 83 percent of people living with HIV know their status, 90 percent of them are taking antiretroviral therapy (ART), 92 percent of people living with HIV have suppressed viral load.

An innovative type of pre–contact prevention is being introduced in all regions of the country. Every year, more and more representatives of key population groups (people who inject drugs, sex workers, men who have sex with men) are being tested for HIV. In order to increase the availability of testing for key population groups, in accordance with international recommendations, rapid HIV testing can be carried out in non-governmental public organizations. 98% of women with HIV give birth to healthy children. ART is becoming more accessible, which is prescribed to patients immediately after diagnosis and is provided free of charge.

- All these results could have been much more significant if the level of HIV-related stigma and discrimination in society had not been high. The overall goal is to completely eliminate discrimination. Its implementation will contribute to a significant reduction in the growth rate of HIV infection," said Ulugbek Medeubekov, Acting Director of the Kazakh Scientific Center for Dermatology and Infectious Diseases of the Ministry of Health of the Republic of Kazakhstan.

In 2025, Zero Discrimination Day is celebrated for the 11th time in the world. UNAIDS notes that communities today play a key role in the sustainability of the HIV response and in broader global health efforts. They are always committed to their mission to ensure that all people living with HIV and affected by the epidemic are treated with respect and dignity.

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